

who have greatly glorified God, by their patience in suffering, their words of comfort spoken in love and even the use of the pen as Frances Ridley Havergal, it is still true that we can best serve our Creator when we are well; the soul can better reflect him when his spirit is tabernacled in a healthy body. That sainted woman was talented, and could she have had as strong a body, as heart and mind, she might have accomplished many times more.

But why write on this subject? Are we not doing all we can to keep well? The majority certainly do not. Until the world is rid of evil, disease will have its place, but we can learn to prevent much of it. Among the majority are those who indulge in imaginary ills for the sympathy and attention they may receive—false sympathy, don't give it. But there are some who have made a brave fight against inherited disease, others against circumstances unfavorable to health and for these I have the strongest sympathy. It remains never-the-less that disease is an evil else Jesus would have left the sick, and not healed them. If an evil, then treat it as such, avoid it, fight it as you would any other evil, for it does hinder Christ's cause. For this warfare you need not necessarily be armed with drugs, but rather what God has given more abundantly—sunshine and refreshing breeze, as a preventative, if not so effectual to restore speedily. Then, too, we would regard the body as "the temple of God" when we feed and clothe it. If so sacred, keep it at all times ready "to present as a living sacrifice, holy and acceptable unto God." As you read Rom. 12:1 remember that the high standard is for the body and not the soul as some think.

For the "holy and acceptable" body there must be right living, not only from a physical point of view, but the mind and heart must surely be at rest with God before the body can be free. A peaceful spirit is God's remedy for many ills and like all his graces, he gives it as we cultivate it. The majority of people are afflicted because they misunderstand life. They worry when they ought to rejoice. Then we must not omit prayer and implicit trust in God for all our needs.

To sum it up we need special wisdom for right living,—wisdom from him "who giveth liberally and upbraideth not." But someone sums it up in "seek ye first the kingdom of God and his righteousness and all these shall be added unto you," and health is one of "these things." True, if we do all that the word "seek" implies, we'll not rest satisfied until we understand the problem even of physical life. To seek his righteousness includes an earnest and unyielding effort to learn the beauty of high and holy living for both body and soul. Stop and think sisters! Together let us ask God to throw off every weight, physical or mental, that so keeps us from carrying out the love God has put into our heart. Such is he waiting to call.

VIANNA DETWILER.

2000 S. 17th St. Phila.

Tiosa, Ind.

We are encouraged with the five reports in the sisters' department in EVANGELIST No. 17. The two financial reports are good. The cause of perplexities and source of blessing, with the news of the mission, and the other two give their plans of meetings and their aims in the work. I will also include the advice of the Editor to the pastors where the sisters are too modest to report their work. All are interested to know what others are doing, and eager to learn of the best method to accomplish the most good or to carry our share of the responsibility of building up the kingdom of God. I feel the responsibility of this one report, because we have no correspondence secretary and our president has appointed me to report, perhaps here is where the lack of reports rests. I will suggest that more of the local presidents appoint some one to that work, and then dear sisters, let us not wrap ourselves in the cloak of ease and in listless fashion, shirk our duty, vainly dreaming that if we don't do it somebody else will. We see very clearly where our loyalty must exert itself for the sake of encouraging others. We are surrounded with the young, watching the success in society work. But I must return to my report.

We have a mixed membership, married sisters even of other churches, seven young sisters with several of the brethren, all working to accomplish some good. We meet regularly every two weeks and do all kinds of sewing by the piece, pound or day, just as the work on hand requires. The sister at the house where we meet gives the dinner and invites all that will to come, those who do not belong to the society, and in that way we have learned to be more sociable, and then we can get some to meet with us that never go to the church. At 2:30 or 3, we lay aside all hand work and spend an hour in devotion and sometimes longer, that is our object and I often feel as if our preacher ought to be in those meetings to reach those non-church goers. But I hear some one say you don't get much work done by taking up so much time in devotion. Well, first seek heavenly things and all else will be done. The spirit of God will prompt some good, willing sister to take home a little of the work or perhaps work longer to make up for all lost time if you call it such. We do not expect the non-church goers to make up the lost time and if they do whisper around that the society is not getting enough work done, try to teach by devotion that the Lord's work will prosper and does succeed when honored. One of our good sisters has done much quilting, others have made bonnets outside of the regular meeting days, which I will report later. Our young sisters do committee work and keep the Sunday evening meetings at the church moving along slowly but we hope it will be more regular for we have no Young People's Endeavor organized in full yet, but hope for

one soon. Our children have met with us until they have learned our rules of work and they have begun work in meetings of their own, and with the enthusiasm with which they have begun we hope it will develop into an organization.

Thursday, April 24, we held our meeting in the church to complete our six months' work. The proceedings were as follows: First devotion, then our president presented her admonition in writing, which she read. (See report below) followed by reports of secretary and treasurer, and the four committees, program, membership, Christian service and the work committee. A full report of their work would make this report too lengthy. But here is the work committee's report. Work finished: wall pockets 8; bonnets 42; shirts 4; pillow cases 10; sheets 9; tick for bed 1; quilts 9; waists 1; dresses 5; carpet rags 157 lbs.; full number completed in six months, 76 garments besides rags for carpet. Our financial report is equally as good considering the way of earning it. And we have tried to help in each department for good. I will not make this report any longer, and as our church has not been reported I love to tell you that Brother Fox is still our pastor, brother D. C. Swonger, superintendent of our S. S., and brother Albert Woolley leads our Tuesday evening prayer meetings, and sister Annie Lewis is our S. S. C. E. president.

LAURA A. KARN.

PRESIDENTS REPORT

Dear Sisters of the C. E. S.: The meeting for today has born more heavily upon my mind than an ordinary meeting. I can not tell why, unless it is because of its being in the church and for devotional services alone.

I wonder so many times if we as S. S. C. E. do appreciate the grand opportunities afforded us as we ought to. We have had some soul inspiring meetings, yet they might have been better; there is still room for improvements. Let us seek by God's grace more improvement in today's meeting, and let us consider that there is a great deal expected of us bearing the name we do, S. S. C. E. and is there any excuse for not more than meeting expectations by God's assisting grace. Opportunities present themselves everyday. Let us grasp them and live true hearted, whole hearted, faithful and loyal to God to whom we ascribe all honor and praise. Let us not put off for to-morrow what we ought to do today.

Oh let us be honest with God and be careful how we treat him and his word. As we have met on this, a week day in the house of the Lord, let us lay aside every thing of a worldly nature and ask him for a special blessing that our aims may be to live and serve him better and do more.

We expect a six month's report of all committees today. No doubt they will be encouraging, yet judging from the past we will see some room for improvements. So let us